



I am a non-binary person.

This means I do not identify as male or female.

I use the neutral pronoun “They” instead of “He” or “She”.

“I saw them earlier. They went to their house to get themselves a snack.”

Singular “They” pronouns are grammatically correct and recognised by all major English dictionaries as an acceptable gender-neutral pronoun.

If you find these pronouns difficult to use then please just call me by my name.

Non-Binary is a legitimate gender category recognised by medical and psychiatric communities. Below are some links to resources you may find useful:

Wikipedia - Singular they pronoun - https://en.wikipedia.org/wiki/Singular_they

An article written by Owl Stefania -

<https://inews.co.uk/opinion/comment/piers-morgan-mocked-partner-non-binary-doesnt-understand-us/>

Video - Why pronouns matter for Trans people -

https://www.youtube.com/watch?v=N_yBGQqg7kM

For more information please google “Non-Binary”. Google is your friend.

Thank you.